

PANHellenic

Formal Membership Recruitment



JAN.
2023

Panhellenic Council Formal
Membership Recruitment
Spring 2023



DEAR PNMS,

I hope you are having a relaxing winter break! Spring recruitment is just around the corner and I am sure you are experiencing a mix of emotions. This booklet is designed to calm some of your nerves and get you excited for what's to come!

Joining a sorority is an amazing opportunity, but I can promise you it is not the end all, be all, of your college experience. It is a way to expand your social circle, create a broader professional network, and give back to the community around you. That said, the outcome of your recruitment process does not define you and is not intended to take a toll on your mental health.

Having participated in recruitment four years ago, I know telling you to relax and enjoy the process is much easier said than done. So instead, I will share a few pieces of advice I should have listened to then:

- Be authentically you. Go into each round with the mindset that each and every one of you has something unique to bring to the table.
- What you wear will NOT impact your experience; the following lookbook is solely for inspirational purposes. Please feel free to wear whatever makes you feel comfortable.
- Your preconceived notions of the thirteen chapters are incorrect. It is your job to attend each party with an open mind and an open heart.

- Pay attention to details: Dues, live-in requirements, scholarship opportunities, and the philanthropies that truly resonate with you.
- Do not listen to, compare with, or make decisions with other PNMs. True friends will stay by your side regardless of which chapter you choose.

My sorority experience has been incredibly rewarding but I would be remiss to not acknowledge that there is still work needed to create the community we desire. This shift begins with all of you, from every background, race, religion, sexual orientation, and walk of life. With that, I wish you all the very best of luck.

Best,
Marin Grillo
Vice President of Recruitment

RECRUITMENT SCHEDULE

THURSDAY, JANUARY 19: KICK-OFF

Time: 6pm - 8pm

Place: Goldstein Auditorium In Schine

FRIDAY, JANUARY 20: GO GREEK, DAY 1

Time: 4:30pm - 11:15pm

SATURDAY, JANUARY 21: GO GREEK, DAY 2

Time: 12pm - 7:20pm

SUNDAY, JANUARY 22: PHILANTHROPY ROUND

Time: 9am - 10:10pm

FRIDAY, JANUARY 27: HOUSE TOURS

Time: 2pm - 11:50pm

SATURDAY, JANUARY 28: PREFERENCE ROUND

Time: 10am - 9pm

SUNDAY, JANUARY 29: BID DAY!

Time: 10am - 6pm

Disclaimer: The times shown above include the full duration of each round. You will NOT be attending chapters for this entire period, but rather, will be assigned individual time slots within this window.

GENERAL GUIDELINES

DO: Dress warmly (!!)

DO: Communicate any scheduling conflicts with your Rho Gamma ahead of time

DO: Prioritize your mental and physical wellbeing

DO: Be on time for each round; you must attend all parties on schedule each day.

DON'T: Go into recruitment with a closed mind or judgments about others

DON'T: Skip classes or meals for recruitment

DON'T: Discuss your recruitment process with anyone aside from your Rho Gammas or Panhel Exec

DON'T: Be dismissive or disrespectful towards Rho Gammas, members of any sorority, fellow PNMs, or Panhellenic leadership.

DON'T: Be discouraged if you are not invited back to a particular chapter; the release process is not personal.

GREEK SPEAK

Commonly used words or phrases that may be helpful to know

PANHELLENIC COUNCIL - The group that oversees all 13 Panhellenic sororities at Syracuse University

PNM - Stands for "potential new member" and refers to anyone going through the recruitment process

CHAPTER - Refers to a sorority or organization

RHO GAMMA - A recruitment leader intended to provide support and guidance throughout the process

DUES - Costs associated with chapter membership

PARTY - The time period in which a PNM is scheduled to attend a certain chapter within a round

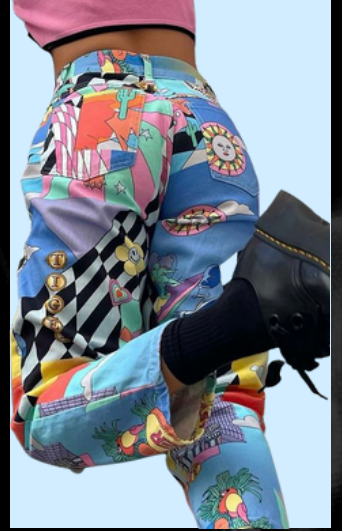
PREF - Short for "Preference Round"

BID - An official offer to join a sorority

BIG/LITTLE - A mentor relationship between an active member and new member after a bid has been accepted

GO GREEK

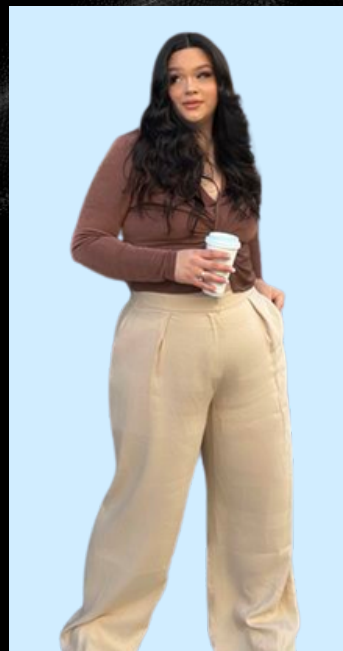
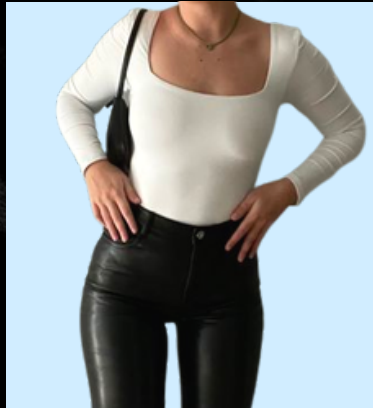
"Fun denim", casual attire



Jan. 20 & 21

PHILANTHROPY

Brunch or "first date" attire



Jan. 22

HOUSE TOURS

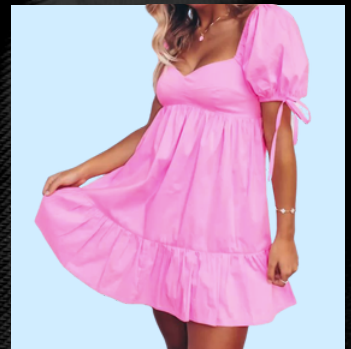
Business casual or dinner with friends attire



Jan. 27

PREFERENCE

Semi-formal attire



Jan. 28

ALPHA CHI OMEGA

@AXOSU



BASIC INFORMATION

Address: 705 Walnut Ave.

Alpha Chapter: DePauw University

Founded in: 1885

GPA Requirement: 2.5

Semester Dues: \$810 regular,
\$8,032 live-in, & \$1,063 new member

Live-in Requirement: One year

"Joining Alpha Chi Omega has to be the best decision I have ever made. We have such a strong sisterhood that I can say I am truly friends with and supported by every girl in the house. I am never not laughing when I am with these girls and I don't know what I would do if I didn't have them in my life." **Rachel Koury, VP of Recruitment**

VALUES & PHILANTHROPY

Philanthropy: Domestic Violence Awareness

Philanthropy Events: AXO Frisbee, Fries with the Chis, These Hands Donut Haze

Scholarships: 705 Walnut Avenue Foundation



"From the start, I always felt like I could be myself at AXO and around all the girls. I never once felt like an outsider or that I had to be someone I'm not. There is so much love and support from everyone within the house, it is so uplifting and spreads such a positive energy. I never could have expected to meet such amazing, supportive women and become so incredibly close with them in such a short period but they will truly be my forever friends. AXO is truly one of the best things to happen to me<3" **Leanne Paolino**

ALPHA EPSILON PHI

@CUSEPHI



BASIC INFORMATION

Address: 751 Comstock Ave.

Alpha Chapter: Barnard College

Founded in: 1919

GPA Requirement: 2.5

Semester Dues: \$890 regular, \$8,000 live-in, & \$500 new member

Live-in Requirement: None

"Being best friends and recruitment chairs has been truly the best of both worlds. We have felt so honored to be AEPHI's recruitment chairs this year. We can't wait to meet every PNM and we know our sisters are so excited too! AEPHI is where we both truly found our people and we hope everyone else can too!" **Madison McDonnell & Maddi Sim, Recruitment Chairs**

VALUES & PHILANTHROPY

Philanthropy: Sharsheret, Elizabeth Glasier Pediatric Aids Foundation, The Boys and Girls Club of Syracuse

Philanthropy Events: AEPfestival, Phi Hoops, Pie a Phi, Pink Day, & AEPHIVE K

Scholarships: Various merit & financial based opportunities



"As a senior, in about 5 months, I'll be graduating and I can't help but look back on my time with AEPHI. These past years with AEPHI have given me the best experiences with the best sisters I could've ever asked for. The girls I met on bid day have turned into the girls I go to when I need absolutely anything. From living together in the AEPHI house to Tel Aviv to Madrid, I am forever grateful to be able to call these girls my sisters." **Isabelle Jolinger**

ALPHA GAMMA DELTA

@ALPHAGAMCUSE

BASIC INFORMATION

Address: 709 Comstock Ave.

Alpha Chapter: Syracuse University

Founded in: 1904

GPA Requirement: 2.5

Semester Dues: \$1060 regular, \$1616 new member, & \$8745 live-in

Live-in Requirement: One year



"Recruitment is such a special, rewarding experience that has changed my life for the better. I found my home, my people, and the confidence to reach my fullest potential. Freshman year me would be beyond proud to see the woman, leader, and friend that I have become and Alpha Gam is, without a doubt, the reason. I have never felt as loved, supported, and celebrated as when I walk through the door of 709. I cannot wait to welcome you to Alpha Gam to share the love of our sisterhood and show you what makes Alpha Gam so special!

Lauren Anderson, Recruitment Chair



VALUES & PHILANTHROPY

Philanthropy: Meals on Wheels, Feeding America, We Rise Above the Streets

Philanthropy Events: Capture the Flag & Grilled Cheese

Scholarships: Alpha Gamma Delta Foundation

"I chose Alpha Gam on a gut feeling, and it was by far the best decision I have ever made. My sisters have shown me the ride-or-die, help-you-bury-the-body type of friendship that I thought only existed in movies. These are the funniest, most compassionate, selfless, and loyal people I have ever met, and I can't imagine my life without them. Alpha Gam has given me my best friends, gym partners, roommates, study dates, biggest role models, and most surprisingly, the best version of myself. We cant wait to meet you!!" xoxox, ***Meghan, Chapter President***

ALPHA PHI

@ALPHAPHISU



BASIC INFORMATION

Address: 308 Walnut Place

Alpha Chapter: Syracuse University

Founded in: 1872

GPA Requirement: 2.7

Annual Dues: \$1,700 regular,
\$14,000 live-in

Live-in Requirement: None

"This position of being my chapters Recruitment Chair has already been so rewarding. Recruitment is such a special process that I owe a lot of my college experience, friendships and memories to. I am looking forward to sharing this with PNM's and making sure they have the most enjoyable time during recruitment!"

Rachael Lilienthal, Recruitment Chair

VALUES & PHILANTHROPY

Philanthropy: The Alpha Phi Foundation

Philanthropy Events: Red Dress Gala, Alpha Phitness, Alpha Phifa

Scholarships: Alpha Phi Foundation



"I am so thankful I joined Alpha Phi when I was a freshman at Syracuse. It has changed my college experience drastically and I wouldn't have it any other way. This house has given me so much including some of my best friends and I'm so honored I get to be the chapter president. I'm constantly inspired by all the great women in our chapter and can't wait to see what the rest of our year holds!" *Tomlin Cicci, Chapter President*

ALPHA XI DELTA

@AXIDCUSE



BASIC INFORMATION

Address: 125 Euclid Ave.

Alpha Chapter: Lombard College

Founded in: 1893

GPA Requirement: 2.5

Semester Dues: \$637 regular, \$7,000-10,000 live-in, & \$937 new member

Live-in Requirement: One semester

VALUES & PHILANTHROPY

Philanthropy: StandUp for Kids & FosterClub

Philanthropy Events: Xiti Pasta Bar, Kicks Soccer Tournament, & Karaoke for a Cause

Scholarships: Merit & financial scholarships



"I love AXiD because every single woman in this chapter is so passionate about each other's overall success and growth. I continue to be amazed by the genuine effort every sister puts forth to get to know and help one another as well as create lasting relationships. I feel so lucky to be surrounded by so many sincere individuals and an endless amount of support and love."

Kaitlyn Driscoll, MC '22

"Alpha Xi Delta has been one of the most important parts of my college experience. From the second I walked through the blue door during recruitment, I was met with the friendliest faces and I instantly felt like I could be myself. The kindness that I was shown has never stopped since I've been in this chapter. Alpha Xi Delta has given me my best friends, the best support system I could have asked for and a place to call home on the Syracuse campus. All of our members are so excited to welcome you through the blue door and we are wishing all of the PNMs the best in the recruitment process!" **Carlin Hanley, Recruitment Chair**

DELTA DELTA DELTA

@TRIDELTA_SU



BASIC INFORMATION

Address: 300 Walnut Place

Alpha Chapter: Boston University

Founded in: 1888

GPA Requirement: 3.0

Semester Dues: \$1,030 regular, \$1,023 new member, \$7,660 live-in

Live-in Requirement: None

"As the Director of Philanthropy, it has been a pleasure to work with a chapter of women who are so passionate about devoting their time towards fundraising for multiple organizations and doing their part. In the two semesters I have held this position, Tri Delta has made a large impact towards our national philanthropy, St. Jude, as well as other organizations such as Hunter's Fund and the Children's Miracle Network. I am proud to be surrounded by women who have made such a difference in the world and I can't wait to see what we will do next!" **Sarah Lufkin, MC 21, Director of Philanthropy**

VALUES & PHILANTHROPY

Philanthropy: St. Jude Children's Hospital

Philanthropy Events: Delta Diner, Sincerely Yours, & Delta Drive

Scholarships: Tri Delta Foundation



"Joining Tri Delta as a freshman was the best decision I could have made. When I spoke to members of Tri Delta as a PNM, I immediately felt a sense of comfortability and the ability to be myself unapologetically. I was inspired by each individual's confidence, unique interests, and acceptance. Now, halfway through my senior year, I am so grateful for the lifelong friendships and support system this house has given me. As Recruitment Chair, I have been so lucky to be able to give back to a house that has given me so much. I hope to bring the PNMs the same excitement and comfort I felt when I walked into 300 Walnut just three years ago!" **Sammy Fuss, MC 20, Recruitment Chair**

DELTA GAMMA

@DELTAGAMMASU



BASIC INFORMATION

Address: 901 Walnut Ave.

Alpha Chapter: Lewis Institute for Girls

Founded in: 1873

GPA Requirement: 2.7

Annual Dues: \$1,760 regular, \$11,223 live-in, & \$1,259 new member

Live-in Requirement: None

"Dg has given me the most authentic lifelong friends who have my back for life. There's a friendly face and an eager conversation awaiting you wherever you go on campus and that's the core of DG. I love DG because it's so much more than just a group of women, it's a community with a strong bond and care for one another on good and bad days." - **Heather McClure, MC '22**

VALUES & PHILANTHROPY

Philanthropy: Service for Sight

Philanthropy Events: DG Nachos & Anchor Games

Scholarships: Merit based opportunities



"Delta Gamma has become more and more like home over the last few years. I always have someone to laugh with or somewhere to escape when things become a little stressful. You will receive support and guidance from the women in this chapter in ways you could never have imagined. I'm incredibly appreciative of all that Delta Gamma has done for me... College would truly not be the same without these women by my side!" -

Olivia Wernecke, VP Membership

DELTA PHI EPSILON

@DPHIESYRACUSE

BASIC INFORMATION

Address: 131 College Place

Alpha Chapter: NYU School of Law

Founded in: 1917

GPA Requirement: 2.5

Semester Dues: \$1,282 new member,
\$995 sophomores & juniors, \$960
seniors, & \$6,862 live-in

Live-in Requirement: None



"Going through recruitment three years ago, I was excited and nervous at the same time. The thought of recruitment scared me, until I was able to start my process. Going through recruitment was the best thing I ever did. I made the best memories and the best friends ever. Now 3 years later, I have the privilege of being the VP of Recruitment for the sorority that gave me everything and more. DPhiE is so excited to meet you all!"

Ally Corsetti, VP of Recruitment



VALUES & PHILANTHROPY

Philanthropy: Cystic Fibrosis Foundation, National Association of Anorexia Nervosa and Associated Disorders, DPhiE Educational Foundation

Philanthropy Events: CFF Carnival, ANAD Week, CFF Snowcones

Scholarships: DPhiE Educational Foundation

"DPhiE has given me so much. From making long lasting friendships, to finding the sisters I never had, I cannot express the amount of love and gratitude I have for this chapter. I know that I have found my forever home and sisters here at DPhiE." **Caitlin Higgins, Incoming President**

GAMMA PHI BETA

@GAMMAPHISU



BASIC INFORMATION

Address: 803 Walnut Ave.

Alpha Chapter: Syracuse University

Founded in: 1872

GPA Requirement: 2.7

Semester Dues: \$515 regular, \$725 new member, \$8,000 live-in

Live-in Requirement: None

"Gamma Phi Beta has given me a home away from home! I am surrounded everyday by a community of strong independent women that support each other through thick and thin. Being part of a chapter where everyone has your back has been life changing and I'm so thankful to be a part of this sisterhood!" **Ella Taylor, MC '21**

VALUES & PHILANTHROPY

Philanthropy: Girls on the Run

Philanthropy Events: GPhi Phield Day, GPhi Bagels, & MoonBall

Scholarships: Merit-based opportunities



"As a senior soon to be graduating, I can confidently say that being a member of Gamma Phi Beta has been one of the most meaningful and impactful aspects of my college experience. When I was going through recruitment as a freshman in the spring of 2020, I had no idea what Greek life was or what it was going to mean to me. Gamma Phi has shaped me to become a more confident, thoughtful and better person which made me want to give that experience to all potential new members that walk through our doors. I look forward to meeting you all during recruitment!" **Olivia Stewart, VP Recruitment**

KAPPA ALPHA THETA

@CUSETHETA



BASIC INFORMATION

Address: 306 Walnut Place

Alpha Chapter: Depauw University

Founded in: 1870

GPA Requirement: 2.8

Semester Dues: \$1,068 fall, \$883 spring,
\$1,068 new member, & \$4,309 live-in

Live-in Requirement: None

"I went Chi because I could see that everyone had their own passions and carried themselves with kindness.

Also, Thetas just seemed funny. I felt heard and comfortable, what more could I ask for in a place to call home? I have met incredible people through Theta and they have encouraged me to be a great friend and person." **Sam Walcott, Recruitment Director**

VALUES & PHILANTHROPY

Philanthropy: Cuse Appointed Special Advocates & Theta Foundation

Philanthropy Events: Theta Bowl & Bubble Soccer (changes annually)

Scholarships: Theta Foundation Scholarships



"During my recruitment process, I was so nervous that I wouldn't find a house that I really felt I clicked with. Being in Theta now, it's crazy to think that I was ever something I was concerned with. I have been brought so much love, friendship, and inspiration both through the members in my house, and throughout the Panhellenic community. It is a privilege to over see Theta's recruitment process this year as our VP Membership. I hope that throughout this upcoming recruitment process, you find the house that makes you feel the way that I feel about Theta.

Make sure you follow your gut and trust the process. We are so excited to meet you!"

Amanda O'Donnell, Vice President of Membership

KAPPA KAPPA GAMMA

@KAPPACUSE



BASIC INFORMATION

Address: 743 Comstock Ave.

Alpha Chapter: Monmouth College

Founded in: 1870

GPA Requirement: 2.5

Semester Dues: \$622 regular, \$7,692 live-in, & \$887 new member

Live-in Requirement: None

VALUES & PHILANTHROPY

Philanthropy: Mental Health & the Kappa Kappa Gamma Foundation

Philanthropy Events: Kappa Kar Wash & Kapparoni and Cheese

Scholarships: Kappa Kappa Gamma Foundation & the House Board Scholarship



"Kappa has influenced my college experience in so many ways and is the reason I am who I am today. The present and graduated women in this house are remarkable role models who I aspire to be like every day. I am so grateful to be surrounded by strong, independent, loyal women who are by my side through the ups and the downs. I can confidently say this house brought me my forever friends who will be there for monumental moments throughout the rest of my life." **Talia Gerardi, Recruitment Chairman**

"Kappa has pushed me to be the person who I have always strived to be. From every girl who I first spoke to I saw more and more of the person that I am and the person I wanted to be. These women were inspiring and confident in ways that made me want to be the best version of myself. I feel so lucky and honored to be able to call myself a Kappa and follow in the footsteps of the women who I look up to the most!"

Maria Jimenez, Recruitment Coordinator

PHI SIGMA SIGMA

@PHISIGSYRACUSE



BASIC INFORMATION

Address: 300 Waverly Ave.

Alpha Chapter: Hunter College

Founded in: 1913

GPA Requirement: 2.5

Semester Dues: \$800 regular &
\$1,600 live-in

Live-in Requirement: None

"Our chapter is beyond excited to meet you, figure out what inspires you, makes you laugh, and learn about what makes you, YOU. In Phi Sig, you will find a strong group of women that will be there to support you through thick and thin. We will be your shoulder to cry on and favorite people to laugh with until it hurts." **Emma Caplan, Recruitment Chair**

VALUES & PHILANTHROPY

Philanthropy : School & College Readiness

Philanthropy Events: Inferno, Phi Sig
Slices, & Backpack Build

Scholarships: Phi Sigma Sigma Foundation



"Joining this sorority was one of the easiest and best decisions of my life. Everyone is so unique and passionate about what they do and so supportive of each other, and being a part of that is truly so special. There is not one girl I wouldn't feel comfortable going to if I needed help and I can confidently say I've made some of the best friends through this house." **Ava P., MC'22**

SIGMA DELTA TAU

@SDTSYRACUSE



BASIC INFORMATION

Address: 336 Comstock Ave.

Alpha Chapter: Cornell University

Founded in: 1917

GPA Requirement: 2.5

Semester Dues: \$1,030 sophomores, \$705 juniors and seniors, & \$1,297 new member

Live-in Requirement: Exec board members

"SDT has allowed me to be my most authentic self 24/7. Going into college I truly never thought I'd find a place that reminded me so much of home. During recruitment, my sister told me to pick the house with the girls who reminded me most of my home friends. I have truly met my soulmates through SDT and I am eternally grateful." **Charlotte Striar, MC '22**

VALUES & PHILANTHROPY

Philanthropy: Prevent Child Abuse & Jewish Women International

Philanthropy Events: EAT Pie & BeSDT in the Game

Scholarships: Variety of opportunities



"Joining SDT was the best decision I ever made. One piece of advice I have is that staying true to who you are is important during this process. Share yourself, and don't be afraid to go with your gut. The sisters of Sigma Delta Tau are so beyond excited to welcome you all into our home!" **Sam Grossberg, Recruitment Chair**