

# Navigating a No Contact Order (NCO)

## What is an NCO?

A University-issued directive between two or more students to prevent future negative interactions and ensure a safe environment. The rules and expectations apply equally to both parties.

## Rules: No Contact Means No Contact

- **Direct Contact:** No in-person conversations, physical interactions, or gestures (e.g. waving, signaling).
- **Indirect/Third-Party Contact:** Do not use friends, family, or others to send messages or otherwise contact the other party.
- **Digital Contact:** No texts, emails, social media, or posts about the other person.

## NCO vs. "Restraining Order"

- **NCO:** Internal to Syracuse University; issued to address on-campus or community concerns.
- **Restraining Order (Order of Protection):** A legal order by a judge in New York.

## Will an NCO Go on My Record?

An NCO is not part of your disciplinary record. However, failing to comply with an NCO could result in a disciplinary record.

## Who Knows About My NCO?

Only the student(s) listed in the NCO and University staff who need to know in order to enforce and/or support the order. This typically includes the Department of Public Safety, Student Outreach and Support, and the Dean of Students Office. Other offices or staff may be informed if necessary.

## What If We Have Shared Classes, Organizations, or Teams?

You may share classes, clubs, organizations, or teams, but you cannot interact. You should not engage in group work or activities with the other individual. If you find yourself in this situation, notify your faculty member, advisor, or coach of the NCO.

## Where Does the NCO Apply?

On-campus, off-campus, online, abroad, and during all University breaks.

## Can I Share Information About My Experience??

You may share your own experience, but not with the intent to cause harassment or confrontation. If others act on your behalf, it could be considered a violation of the NCO's third-party contact provision.

## Duration and Removal/Amendment?

The NCO remains in effect until the University removes it. A party may request to have the NCO removed or amended. Any such request will require University review and may involve input from the other party.

## Violations/Reporting?

If an NCO has been violated, report it immediately to Community Standards by completing the Incident Report Form or by calling the Department of Public Safety at 315.443.2224.

## Resources:

- [Request to Remove/Amend an NCO](#)
- [Incident Report Form](#)
- [Student Conduct System Handbook](#)

Questions or Concerns: Contact Community Standards 315-443-3728 | [studentconduct@syr.edu](mailto:studentconduct@syr.edu)

## RESOURCES FOR

# No Contact Orders

*If you have concerns about this No Contact Order, or if you need support, the following offices can assist:*

**Barnes Center at the Arch, Counseling** 150 Sims Drive | Syracuse, NY 13244 315.443.8000

\*Provides 24-hour crisis support\*

**Barnes Center at the Arch, Sexual Violence Response Team**

150 Sims Drive | Syracuse, NY 13244 315.443.8000

\*Provides 24-hour crisis support\*

**Community Standards**

804 University Ave, Suite 106 | Syracuse, NY 13244  
315.443.3728 | studentconduct@syr.edu

**Department of Public Safety (DPS)**

005 Sims Hall Syracuse, NY 13244  
315.443.2224 | dps.syr.edu

**Residential Living**

111 Waverly Ave, Suite 200 | Syracuse, NY 13244  
315.443.0211 | osl@syr.edu

**Student Outreach and Support**

111 Waverly Ave. Suite 220 | Syracuse, NY 13244  
315.443.4357 | studentsupport@syr.edu

**Student Title IX Office**

Marley Education Center 242 | Syracuse, NY 13244  
315.443.0211 | titleix@syr.edu